

# THAILAND GALACTIC HERITAGE

Bangkok • Ayutthaya • Khao Kala • Koh Samet

October 25 - November 1, 2026

8 Days / 7 Nights

**A Shift in Your State of Consciousness**

A transformational journey with Sabine Poncelet

# A Shift in Your State of Consciousness

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Join us for an unforgettable journey through Thailand's ancient temples, sacred sites, powerful energy locations and breathtaking natural landscapes.

This experience combines cultural exploration, spiritual discovery, meditation, channeling, Light Language, group healing, activation work, Inner Dance and meaningful connection with like-minded souls.

The itinerary is designed to create the ideal balance between exploration, transformation, integration and relaxation.

## Journey Overview

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This journey has been carefully designed to balance exploration, comfort, transformation and relaxation.

During the retreat, we will stay in three different regions of Thailand:

### 1 Night in Bangkok

Our journey begins in Bangkok, where we gather as a group, enjoy our welcome dinner and spend our first night together before departing the following morning.

### 4 Nights in the Ayutthaya & Khao Kala Region

After leaving Bangkok, we travel north through Ayutthaya, Thailand's ancient capital and UNESCO World Heritage Site.

Ayutthaya is now an archaeological treasure featuring remarkably preserved temple complexes, ancient towers, historic pagodas and centuries-old Buddha statues that offer a fascinating glimpse into the grandeur of the former Kingdom of Siam.

From there, we continue into the Nakhon Sawan region, home to the famous Khao Kala UFO site and surrounding sacred locations.

This region will be our base for four nights, allowing us to fully immerse ourselves in the local culture, spiritual sites, activations, channeling sessions, Light Language transmissions, healing work, Inner Dance and the unique Khao Kala experience without constantly changing hotels.

### 2 Nights in Koh Samet

Our final destination is the beautiful island of Koh Samet.

Known for its white sand beaches, crystal-clear waters and relaxed atmosphere, Koh Samet provides the perfect environment for integration, reflection and completion of the journey.

We will spend two nights on the island before concluding the retreat.

## Day-by-Day Itinerary

### DAY 1 - ARRIVAL IN BANGKOK

**2:00 PM - 5:00 PM**

Arrival at the hotel and check-in.

Guests are responsible for their own airport transfer and should plan to arrive at the hotel before 5:00 PM.

**5:30 PM**

Welcome Circle and Journey Introduction.

**7:30 PM**

Welcome Dinner.

### DAY 2 - BANGKOK, AYUTTHAYA & JOURNEY NORTH

**8:00 AM**

Departure from Bangkok. (2.5-hour drive with our private bus)

Morning visit of Ayutthaya, Thailand's ancient capital and UNESCO World Heritage Site.

**1:00 PM**

Group Lunch.

**3:00 PM - 5:00 PM**

Arrival in the Nakhon Sawan / Khao Kala Region.

**5:00 PM - 7:30 PM**

Channeling, Light Language and Group Healing Session.

**7:30 PM onwards**

Group Dinner.

## DAY 3 - KHAO KALA ACTIVATION

### Morning

Exploration of the Khao Kala region and surrounding sacred sites.

### 1:00 PM

Group Lunch.

### Afternoon

Local discoveries and preparation for the evening experience.

### Sunset & Evening

Khao Kala Galactic Experience including meditation, channeling, Light Language and activation work.

### 8:00 PM

Group Dinner.

## DAY 4 - UFO REGION & INTEGRATION

### Morning

Viewpoints, UFO-themed attractions and local discoveries around Nakhon Sawan.

### 1:00 PM

Group Lunch.

### Afternoon

Inner Dance, Group Healing, Light Language, Activation Work and Integration Time.

### 7:30 PM

Group Dinner.

## DAY 5 - DEEPER EXPLORATION & ACTIVATION

### Morning

Exploration of additional local sites and experiences within the region.

### 1:00 PM

Group Lunch.

### Afternoon

Group activities, healing work, activations, channeling and integration.

### 7:30 PM

Group Dinner.

## DAY 6 - JOURNEY TO KOH SAMET

### 8:00 AM

Departure from the Khao Kala Region. (2.5-hour drive with our private bus)

Lunch en route.

### Afternoon

Arrival at Koh Samet and hotel check-in.

Free time to enjoy the beach and island atmosphere.

### Sunset

Beach Meditation and Group Connection.

### 7:30 PM

Beachfront Dinner.

## DAY 7 - KOH SAMET INTEGRATION DAY

### Morning

Activation Session, Group Healing, Light Language and Future Visioning.

### Afternoon

Free time to relax, swim, explore the island or simply enjoy the beach.

### 6:00 PM

Closing Ceremony and Final Integration.

### 7:30 PM

Farewell Dinner.

## DAY 8 - DEPARTURE

### 11:00 AM

Check-out.

Transfer to Bangkok is included for participants returning home after the retreat.

Participants joining the optional island extension will remain with the group and continue their journey at their own expense.

## What Is Included Throughout the Journey

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Depending on the energy and flow of the group, experiences throughout the week may include:

- Meditation
- Light Language Transmissions
- Multidimensional Channeling
- Group Healing Sessions
- Activation Work
- Inner Dance
- Consciousness Expansion Practices
- Sharing Circles
- Sacred Site Visits
- Beach and Nature Experiences
- Integration and Reflection Time
- Entry tickets to sites
- Breakfast, lunch, dinner and water

Specific activities, timings and sessions may vary throughout the retreat.

## Accommodation Standards

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Your comfort matters.

Throughout the journey, we carefully select accommodations that offer a high level of comfort, cleanliness, safety and service.

Whenever possible, we choose premium hotels in carefully selected locations that support both relaxation and the overall experience of the retreat.

In certain destinations, we may choose a private villa instead of a hotel when it offers a superior group experience, greater privacy or a more suitable environment for our activities. In such cases, the same standard of quality, comfort and atmosphere will always be maintained.

Our intention is to provide accommodations that allow you to fully relax, recharge and enjoy the journey in comfort while preserving the authentic character of each destination.

## Flight Recommendations

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Transfer from Koh Samet to Bangkok center is included on Day 8.

Due to ferry schedules, road traffic and airport procedures, we strongly recommend booking return flights departing after 7:00 PM from Bangkok on Day 8.

For a more relaxed experience, we recommend booking a late evening flight, an overnight flight, or extending your stay by one additional night in Bangkok and flying home on Day 9.

Any additional accommodation in Bangkok is not included in the retreat package and must be arranged independently by participants.

## Important - Optional 5-Day Island Extension

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Following the retreat, Sabine Poncelet has personally chosen to remain in Thailand for an additional 5 days to continue exploring and enjoying the islands.

Participants are welcome to join this extended journey; however, please note that this extension is entirely separate from the Thailand Galactic Heritage Retreat and is not part of the retreat program.

The retreat officially concludes on Day 8.

If you choose to join the optional 5-day extension:

- Accommodation is at your own expense.
- Meals are at your own expense.
- Activities are at your own expense.
- Personal expenses are at your own expense.

The detailed itinerary for these additional 5 days will be shared at a later stage, as this extended stay is a personal journey and may evolve depending on opportunities, locations and group interest.

Participants are free to join the extension, return to Bangkok on Day 8, or make their own travel arrangements. We can send you a quote if you would like Sabine to organize the additional 5 days for you.

## Please Note

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This itinerary may be adjusted according to weather conditions, traffic conditions, ferry schedules, local circumstances and group flow.

The overall journey, destinations and spirit of the retreat will remain unchanged, while specific activities, timings and sessions may evolve naturally to create the best possible experience for all participants.